

Your Guide to HEALTH (Class)

TEACHER: Ms. Rowe

CLASSROOM: Room 113

EMAIL: mrowe@galesburg205.org

CLASSROOM GUIDELINES

Be Respectful

- Raise your hand and wait to be called on.
- Pay attention to teacher and peers when they are speaking. Voices off.
- Heads UP
- Everyone is entitled to their own opinion and they should be respected.
- Show respect to all things in this classroom.

Be Responsible

- Follow directions the first time they are given.
- Stay on task.

Be There, Be Ready

- Be on time.
- Come in quietly.
- Collect your health materials.
- Sit in your assigned seat.
- Begin working on bell work.

KHFOOTY

- Sit in desk and face forward.
- Feet on ground.

CONSEQUENCES

CONSEQUENCES: 6th and 8th grade

1. Verbal Warning
2. Number Up
 - a. If number does not deter behavior, a detention will be issued.

CONSEQUENCES: 7th grade

1. Verbal Warning
 - a. 2 strikes and you're out! (In the hall waiting to speak with Ms. Rowe about your behavior).
2. ASD/Phone call home
 - a. 1st detention = 20 minutes
 - b. 2nd detention = 30 minutes
 - c. 3rd detention = 40 minutes
 - d. Detentions will be logged, 4 or more = office referral.
3. Office Referral

***NOTE:** For severe offences, teacher may opt to skip directly to office referral.

CLASS MATERIALS

- Folder (for ONLY health materials)
- Loose leaf paper (about 30 pages)
- Writing utensil (pen or pencil)
- School Planner

**There is a designated storage area in the class for your health class materials. It is encouraged that you leave your materials in the room. ☺

TARDY POLICY

- 1st and 2nd offense
 - 6th and 8th grade = will result in a number up (Be there, be ready)
 - 7th grade= warning
- 3rd offense will result in an after school detention.
- 4th offense will results in an after school detention and phone call home.
- 5th offense and continued offenses = office referral (each additional time)

MAKE-UP PROCEEDURES

- If you are absent, it is **YOUR** responsibility to obtain the information from another student and to clarify that information with the teacher.
- Be sure to check the 'Were You Absent?' file to obtain your copy of any handouts that may have been distributed.
 - If guided notes were distributed and notes were taken, **you will be expected** to find a classmate or find Ms. Rowe (before or after school) to fill in the notes.

LATE WORK POLICY

- Late work will be accepted, UP UNTIL THE DATE OF THE QUIZ/TEST over that particular unit.
- After the quiz/test has been taken, outstanding class work or homework for that particular unit will no longer be accepted.
- ALL late work will receive a deduction in points due to failure to meet the due date (student responsibility).

SUBSTITUTE TEACHER RULES

1. Treat all subs respectfully! They are guests in our school.
2. IF a sub writes your name down for negative behavior such as not working on assignments, talking during instruction, rudeness, etc., it will result in an after school detention with Ms. Rowe upon her return. The ASD will be automatic and not up for discussion!
3. BE ON YOUR BEST BEHAVIOR!